



THE SPA

voco® Lythe Hill Hotel & Spa

[comfort zone]

conscious skin science

FACIALS

COMFORT ZONE SUBLIME SKIN ANTI-AGING FACIALS

Give your skin the boost of radiance and plumpness that it needs with an innovative double peel followed by a lifting mask for immediate rejuvenation. The Active-lift™ Massage, inspired by Kobido techniques, softens wrinkles and invigorates skin tone.

SUBLIME SKIN SUPER PEEL

25 minutes £50 | 60 minutes £85

This intensive facial visibly reduces expression lines and wrinkles and provides exceptional skin smoothness. Including a facial massage and double peel which can be customised according to the skin condition, this is suited for the most delicate to the most resistant of skins.

SUBLIME SKIN ULTRA GLOW PEEL

25 minutes £50 | 60 minutes £85

This facial delivers immediate radiance and glow and provides an even complexion and improvement to hyper pigmentation. This facial consists of an indulgent massage and tone-correcting peel to treat dullness, hyperpigmentation and melasma.

SUBLIME SKIN PRO-LIFT

25 minutes £50 | 60 minutes £85

This intensive facial has a natural filler-effect, providing instant skin firmness. The skin is nourished with a specialized kobido facial massage followed with a replumping peel-off mask to restore fullness and tone.

COMFORT ZONE PRESCRIPTIVE FACIALS

REPAIR | RECOVER TOUCH

25 minutes £40 | 50 minutes £70

Nurture your skin and recover from the damage caused by sun, pollution and aging. The antioxidant, replenishing combination of organic Goji Berry and Macadamia Oil leaves the skin soft and replenished.

DOUBLE HYDRATION | HYDRAMEMORY

25 minutes £40 | 50 minutes £70

The ultimate treatment for 24HR double hydration and radiance, ideal for skin stressed by central heating and air conditioning. The Hydra Brush Massage transports the precious Moringa Oil and the Hyaluronic Acid biomimetic fragments deep into the skin.

SENSITIVITY | REMEDY SOOTHING

25 minutes £40 | 50 minutes £70

An innovative, fortifying approach to sensitive, delicate skin. With a Prebiotic from sugar beets, promoting cutaneous resilience, and Marula Oil, this facial calms skin discomfort, relieves neuroinflammation and reinforces the skin's defence.

PURIFICATION | ACTIVE PURENESS

25 minutes £40 | 50 minutes £70

If your skin is oily, scarred or acne-prone, this is the perfect choice! Characterized by a mattifying peel-off Spirulina Algae mask, this deep purifying facial with Mandelic Acid, Green and White Clays rebalances and reduces pores and blackheads.

ORGANIC AND VEGAN | SACRED NATURE REGENERATIVE ELIXIR FACIAL

25 minutes £40 | 50 minutes £70

This regenerating pro-youth facial formulated according to COSMOS guidelines, nourishes, reoxygenates, and protects the skin. The customised choice of two different masks, enhanced with extraordinary Regenerlift Massage and a variety of special touch points throughout the treatment makes this deeply relaxing facial, that leaves the skin radiant, firm and lifted.

BODY MASSAGE, TREATMENTS AND RITUALS

BODY MESSAGES

BESPOKE BACK MASSAGE

25 minutes £45

A deeply relaxing and soothing massage focusing on aches and pains of the back, shoulders and neck.

BESPOKE FULL BODY MASSAGE

55 minutes £60

A traditional massage designed to ease tension, relieve stress and promote a general state of well-being.

HOT STONE BACK MASSAGE

25 minutes £50

A bespoke back massage incorporated with heated stones to work deep into muscles and areas of tension.

HOT STONE FULL BODY RITUAL

90 minutes £80

Smooth stones and tailored blend of oil work to create this tension releasing ritual massage to create a sense of calm and balance for your mind, body and soul.

AROMASOUL ELEMENTS MASSAGE

55 minutes £65

The remarkable and renowned therapeutic gifts of aromatherapy. Each treatment begins with a personalised selection from our unique collection of aromatherapy oils based on the ancient cultures of the Orient, Arabia, India or the Mediterranean.

TRANQUILLITY™ PRO-SLEEP MASSAGE

55 minutes £70

Inspired by the Indonesian sea malay massage, this exceptional massage, ritual acts in synergy with our Tranquillity™ sound and essential oil blend to effectively induce a state of deep rest and well-being.

NEW LIFE NEW MUM

55 minutes* £60

A gentle elasticising, nurturing massage, perfect for during pregnancy (second trimester) as well as post-pregnancy. It reduces swelling, improves circulation and contributes to skin silkiness and tone.

*Treatment time 45-60 minutes including time to get on and off the bed

BODY TREATMENTS

AROMASOUL BESPOKE RITUAL

55 minutes £75

A unique renewing body ritual combines deep exfoliation with the aromasoul massage, which reflect the ancient traditions of the Oriental, Mediterranean, Indian and Arabian cultures. The skin is left feeling soft and nourished.

DEEP BODY THERMAL RENEWAL

60 minutes £75

A smoothing, renewing and regenerating treatment for restored tone, elasticity and profound hydration. A sensorial cocooning and deeply relaxing experience for a complete transformation of the skin and tissues. Ideal for skin that needs moisture and elasticity.

HIMALAYAN SALT RITUAL

60 minutes £70

An extraordinary ritual, beginning with a body massage using warmed Himalayan salt blocks, which bestow relaxation, alleviating tension, stress and anxiety. An exhilarating salt scrub follows; a combination of the precious pink Himalayan salt crystals and aromatic oils to detoxify the body, ease aches and pains, stimulate the metabolism and restore vitality and balance.

SCALP MASSAGE AND FOOT RITUAL

55 minutes £60

Head & Foot treatment to deeply relax you. Starting with an intense scalp massage to drain away tension carried in your upper body following on with an exfoliation on the feet, deep massage and foot lotion. Great for people on there feet all day!

SPA PACKAGES

All packages include use of the spa facilities, fitness centre and towels.

GLOWING FACE AND BODY PICK ME UP

60 minutes £90

This treatment combines a bespoke back massage with our sublime skin ultra glow peel facial to relax, refresh and renew.

HYDRATING FACE AND BODY DETOX

75 minutes £110

This treatment combines a bespoke back massage with our hydramemory ultimate facial to increase hydration and radiance.



"Comfort Zone offers their partners world class Spa & Wellness treatments, rituals and products that allow regeneration of the mind and body, and planet. They are also very much in line with our aspiration to help the environment with their clean and sustainable formulas.

Jack Power [comfort zone] head of marketing.

SPA DAYS

All spa days include use of spa facilities, towels, spa gift, one course lunch and soft drink or afternoon tea

REVIVE

£85 per person

Choose from one of the following 25 minute treatments

Bespoke Back Massage
Comfort Zone Prescriptive Facial
Indian Head Massage
Foot Ritual

TRANQUIL

£115 per person

Choose from one of the following 55 minute treatments

Bespoke Full Body Massage
Comfort Zone Prescriptive Facial
Aromasoul Bespoke Ritual
Indian Head Massage and Foot Ritual

ULTIMATE INDULGENCE

£155 per person

Choose from one of the following 55 minute treatments

Tranquillity Pro Sleep Massage*
Hot Stone Full Body Massage*
Aromasoul Bespoke Ritual
Comfort Zone Prescriptive Facial*

AND

Choose from one of the following 25 minute treatments

Bespoke Back Massage*
Comfort Zone Prescriptive Facial*
Indian Head Massage
Foot Ritual

**only one body and one facial treatment from each section*



FINISHING TOUCHES

EXPRESS MANICURE

Soak, file, cuticle work and application of nail lacquer

£30

EXPRESS PEDICURE

Soak, file, cuticle work and application of nail lacquer

£30

LUXURY MANICURE

Soak, file, cuticle work, exfoliation, nourishing mask, massage and application of nail lacquer

£45

LUXURY PEDICURE

Soak, file, cuticle work, exfoliation, nourishing mask, massage and application of nail lacquer

£45

UPGRADE TO GEL COLOUR

£7

EYEBROW SHAPE

Wax hair removal to create the perfect brows

£10

EYELASH TINT

Enhancing your lashes to create dark, full definition to the eyes

£15

EYEBROW TINT

Enhance shape and define your brows

£9

EYELASH TINT, EYEBROW SHAPE & TINT

Ultimate package to add structure and definition

£29

Patch test is required 48 hours prior to any tinting treatments.

"By creating beauty sustainably, we encourage people to take care of themselves, of the environment in which they live and work, and of the things they love"

Davide Bollati, [comfort zone] president.

SPA ETIQUETTE

- If included in your treatment, spa package or spa day, use of the spa facilities includes: pool, sauna, steam room and gymnasium.
- All treatments are required to be booked in advance. Our weekends do get booked up in advance.
- If you have a gift voucher these are required to be brought with you on the day and will need to be presented upon booking to hold as a deposit.
- 50% payment deposit is required for all treatments, spa packages and spa days.
- If you need to cancel your treatments booked with us, you must give us 48 hours notice. If you fail to do so, we will claim your 50% of your treatment/ package value.
- Robes and towels are not provided for a treatment only booking, if you require any of these items there will be an extra charge and they are subject to availability.
- If you have a robe included in your package, it is one robe, per person, per visit provided.
- Towels are provided for all spa guests.
- Overnight spa packages incur a non-refundable £35 per person per night payment. If you need to cancel your booking with us, you must give 48 hours notice. If you fail to do so, we will charge you the full package cost. The reservation may be rescheduled 48 hours or more before arrival and the deposit will not be lost, rescheduling is subject to availability.
- Bank holidays are charged at weekend rates.
- Please arrive at least 15 minutes prior to your treatment start time, to ensure that you have time to fill out your health consultation form and to avoid missing out on any treatment time.
- Treatment time cannot be extended if you are late.
- Appointment length includes getting changed and on to the treatment bed.
- Please make us aware of any medical conditions or pregnancy at the time of the booking as this could result in being refused treatment without reimbursement on the day. We like to know before so we can advise the best and safest experience for you.
- We have a strict over 16's policy for all treatments.
- We have set children's swimming times that are available.
- Treatment times may be changed at any time by The Spa without prior notice.

HEALTH CLUB MEMBERSHIP

ULTIMATE ADULT MEMBERSHIP

- 1 night BB complimentary night stay voucher
- 5 x free coffee vouchers
- IHG one rewards programme. Start earning points from your overnight stay
- Sample of products
- Leisure facilities
- Gym & yoga studio
- Classes
- 15% off all treatments
- 15% off all products
- 15% off food and beverage
- 15% off best available accommodation rates
- 15% off hotel events
- 1 month free for every friend referred and signed up for a 12 month membership

Annual Payment

Single Membership	£869 per person
Joint Membership (2 adults)	£1,688 for two
Student*	£550 per person

6 Monthly Payment

Single Membership	£475 per person
Joint Membership (2 adults)	£420 per person
Student*	£300 per person

Direct Debit Payment

Single Membership	£79 per month
Joint Membership	£70 per person
Student*	£50 per month

To sign up as a direct debit an upfront payment is required to cover you for the rest of the month. The direct debit will start the following month.

Please note all memberships incur a £25 per person joining fee.

*Valid Student ID will be required upon sign up.

EMERGENCY SERVICES AND ARMED FORCES

Emergency services and armed forces personnel receive 20% discount on adult memberships.

ONE MONTH ONLY MEMBERSHIP

- Leisure facilities
- Gym & yoga studio
- Classes

Payment

One upfront payment	£85 one month
Student*	£55 one month

DAY PASS

Enjoy a day at The Spa at voco Lythe Hill Hotel & Spa

- Leisure facilities
- Gym & yoga studio

Payment

Payment on the day	Adult £15 per day Children £5 per day
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OPENING TIMES

Health Club

Monday - Friday | 7am - 8pm*
Saturday, Sunday & Bank Holiday | 7am - 8pm*
Bank holiday & festive opening times may vary

The Gym & Yoga Studio (the yoga studio is subject to availability)

Monday - Friday | 6.30am - 10.30pm*
Saturday, Sunday & Bank Holiday | 6.30am - 8pm*
Bank holiday & festive opening times may vary

Children's Opening Times

We have specific hours for children swimming times (16 years and under)

Monday - Sunday | 10am - 12pm and 3pm - 6pm

*Last entry to use the facilities is one hour before closing.

The Spa at voco Lythe Hill
Petworth Road
Haslemere
GU27 3BQ

01428 651251 | thespa@lythehill.com | www.lythehill.com

