

BREAKFAST MENU £18.50

A LIGHTER START

Cereals £5.00 V

Muesli 311kcal per scoop | Bran Flakes 271kcal per scoop
Granola 400kcal per scoop | Cornflakes 133kcal per scoop
Raisins 64kcal per scoop | Hazelnuts 162kcal per scoop | Seeds 83kcal per scoop

Pastries £4.00 V

Croissant 243kcal | Muffins 340kcal
Pain au chocolat 223kcal

Bread £2.00 V

Sliced white 72kcal | Sliced brown 65kcal | Sourdough 185kcal

Preserves £1.50 V GF

Strawberry jam 77kcal | Raspberry jam 75kcal | Orange marmalade 68kcal | Honey 82kcal

Fruit and yoghurt £7.00 V

Greek style yoghurt 106kcal | Low-fat Greek style yoghurt 75kcal
Mixed berry compote 127kcal | Prunes 64kcal | Orange 56kcal
Apple 44kcal | Banana 89kcal

DRINKS

Hot Drinks £3.50

Americano 18kcal | Espresso 9kcal | Flat White 153kcal
Cappuccino 143kcal | Latte 190kcal | Hot Chocolate 193kcal
Mocha 297kcal | Twinings Tea 1kcal

Juices and Water £4.00

Orange juice 67kcal
Apple juice 64kcal
Cranberry juice 30kcal
Still water 0kcal

V = vegetarian | VE = vegan | GF = gluten free

Food allergies and intolerances: we welcome enquiries from guests who wish to know whether dishes contain particular ingredients.

Please note: before placing your order, please inform a member of the team if anyone in your party has a food allergy.
Adults need around 2000 kcal a day.

WARM AND FILLING

À La Carte Dishes

Please choose one dish per person

Cooked Breakfast £12.00

British pork sausage 132kcal
Cured back bacon 72kcal
Vegan sausage 60kcal **VE**
Mushrooms 22kcal **VE**
Grilled tomato 18kcal **VE**
Heinz baked beans 120kcal **V**
Free-range Hallgate farm scrambled eggs 222kcal **V GF**

If you'd like any of the following, just ask the team:

Black pudding 166kcal £3.00
Hash browns 140kcal £3.00
Free-range Hallgate farm eggs cooked as you like them **GF**

English Style Porridge £5.00

Honey 268kcal **V**
Berry compote 312kcal **V**
Syrup 209kcal **V**

Eggs Benedict £8.00

Toasted English muffin, topped with prosciutto ham,
Hallgate Farm poached egg and hollandaise sauce
428kcal

Eggs Florentine £7.50 V

Toasted English muffin, topped with butter sautéed spinach,
Hallgate farm poached egg and hollandaise sauce
480kcal

Smashed Avocado £8.00 V

Chervil, diced tomato, on a choice of toasted ciabatta or
toasted sourdough bread, topped with a poached Hallgate farm egg
583kcal

Smoked Salmon and Scrambled Egg £8.00

Served on toasted seasoned sourdough bread
385kcal

Vegan Scrambled £8.00 VE

Chopped firm tofu with a dash of oat milk and turmeric, with
escabeche carrot shavings
563kcal

Breakfast will automatically be charged to your room account if it is not included in your stay.
Prices include VAT @ 20%. Guests who have breakfast included in their rate can enjoy the buffet breakfast or order one a la carte dish from menu, hot drinks and toast are free flowing and included in the inclusive price. Non inclusive guests should pay for breakfast consumed, either buffet breakfast or a la carte, hot drinks and toast are charged individually.
Adults need around 2000 kcal a day.